



# Infant Bedding and Crib Safety: Naptime to Nighttime

Traditional infant products, when used properly, provide an infant with a safe environment in which to sleep. The Juvenile Products Manufacturers Association (JPMA) reminds you to adhere to the following guidelines for

## Infant Bedding Safety

- ALWAYS use a crib sheet that fits securely on mattress and wraps around the mattress corners.
- Only a fitted sheet, mattress pad and/or waterproof pad should be used under the baby.
- ONLY use bumper pads designed to fit around the entire crib and tie or snap securely into place. Bumper ties MUST not exceed nine inches. Make sure the bumper pad can be secured along the sides of the crib.
- Use bumper pads only until the child can pull up to a standing position. Then remove them so baby cannot use the pads to stand on and climb out of the crib.
- NEVER place infants to sleep on pillows, sofa cushions, adult beds, waterbeds, beanbags, or any other surface not specifically designed for infant sleep.
- Remove pillows, sheepskins, pillow-like stuffed toys and products not intended as infant bedding from the crib when infants are sleeping.
- It is recommended that healthy infants under 12 months should ALWAYS sleep on their backs unless otherwise advised by your physician.
- Do not overdress your baby. Cover the baby with a thin covering, such as a crib blanket, receiving blanket or other blankets specifically designed for infants, which covers only up to the baby's chest and tuck the covering around the crib mattress. For newborns, consider swaddling. Consider using a wearable blanket.
- Check periodically for loose threads or stitching which could cause gagging or choking.

## Crib Safety

- Infants should ALWAYS sleep in a crib which meets current federal and ASTM standards.
- Choose a firm mattress that fits snugly in the crib.
- Crib slats or spindles should be spaced no more than 2 3/8 inches apart and corner posts should not exceed 1/16 of an inch above the end panels (unless they are more than 16 inches high for the canopy).
- Be sure there are no missing, loose or broken screws, brackets or other hardware, no cracked or peeling paint, and no splinters or rough edges on the crib or mattress support.
- Never place the crib near windows, draperies, blinds or wall mounted decorative accessories with accessible cords.
- Mobiles should be removed from the crib when baby can push up on hands and knees or pull up to a standing position.
- NEVER purchase or use an old, used or hand-me-down crib.